

S. G. V. C. Vidya Prasarak Trust's,

Matoshri Gangamma Veerappa Chiniwar Arts, Commerce & Science College,

MUDDEBIHAL-586212. Dist. Vijayapur (Karnataka)

(Accredited with CGPA of 2.58 on seven point scale at 'B' Grade)



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* email : princmgvc@gmail.com *

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Resolution

A meeting was conducted in the Principal's chamber on 09-07-2021 at 10.00 am. It has been resolved to conduct "One Day International Level Webinar on Yoga in New Generation" in the third week of July 2021.

The following committee is formed with the approval of the management. The committee is headed by Principal and Prof. H.G. Patil will be the Coordinator of the said International Webinar on Yoga.

Committee 2021-22

Sl.No	Name of the Staff Members	Designation
01	Prof. S.N. Poleshi, Principal	Chairman
02	Prof. H.G. Patil	Organizing Secretary
03	Prof. S.V. Gurumath	NAAC Coordinator
04	Dr. B.A. Guli	IQAC Coordinator
05	Prof. A.B. Kulkarni	Administrator
06	Prof. M.G. Kyadi	Technical Session
07	Prof. M.I. Biradar	Member
08	Prof. R.G. Vastrad	Member
09	Dr. S.C. Angadi	Member
10	Dr. R.H. Sajjan	Member

Physical Education Director M.G.V.C. Arts, Com. & Science College, Muddebihal. Dist:Vijayapur.

Principal PRINCIPAL

■. G. V. C. Arts, Com. & Science College MUDDEBIHAL - 586212.

Co-ordinator,
Internal Quality Assurance Cell
S.V.C. Arts, Commerce & Science College
MUDDEBIHAL-586212. Dist: Vijayapur.



(Re-Accredited with 'B+' Grade by NAAC in the 3rd Cycle)

" ONE DAY INTERNATIONAL WEBINAR ON "



An IQAC initiative



Organised by Department of Physical Education & NCC Call for Registration, Paper Submission and Participation

On 20th JULY, 2021,

At: 11:00 am

Inauguration & Key note Address By



Dr. Yogi Devaraj Atma Darshanayoga, Founder President Bengaluru.



Divya Prabha (Lucy) Bramrishi Yoga Teacher Training Co-Founder UK



Dr. Chandrakant Biradar Yoga Coach **Gulburga University** Kalburgi

Presence: Shri. Ashok. S. Tadasad Chairman

: Shri. A. B. Kulkarni Administrator

: Prof. S. N. Poleshi Principal

: Prof. S. V. Gurumath NAAC Co-Ordinator

: Dr. B. A. Guli IQAC Co-Ordinator

: Prof. H. G. Patil Organising Secretary

Webinar Platform : Google Meet /Webex



Objectives of Webinar:

- 1. To create awareness about Yoga to increase concentration and memory among young generation.
- 2. To build a balanced nervous system, a strong and flexible body free of pain and physical tension among youths.
- 3. To educate youths a calm, clear and tranquil mind from yoga.

Subthemes of Webinar:

- 1. Yogaand ancient Indian education system.
- 2. Yoga for holistilevelopment of personality and integrate moral values.
- 3. Yoga for physique health and mental hygiene.
- 4. Yoga as an academic discipline of study ine hury.
- 5. Therapeutic potential of Yoga in human life.
- 6. Integrating Yoga education to attain higher level of consciousness.
- 7. Yoga as art of living and to possess emotional stability.

About Paper Submission and Publication

- 1. Paper Presenters can submit their papers in Englishge
- 2. For English use "Times New Roman", Font Size for paragraph text: 12, font size for Heading: 16
- 3. The Research articles will be published in ISSN / ISBN Journals.
- 4. You can send softcopy (HIMM&I) of the papers to : mgvcwebinar@gmail.com
- 5. Last date for the submission of Papers 107/2021.

Shri. Ashok. S. Tadasad Chairman, college Governing Body and Secretary SGVC Vidya Prasarak Trust

Prof. S.V. Gurumath

NAAC Coordinator
9886919958

Prof. A.B. Kulkarni Administrator 9448751249

> IQAC Coordinator 9535929767

Prof. S.N. Poles Principal 9035103184

Prof.H.G. Patil Organising Secretary 9449666211

Registration is Free and E - Certificate will be provided

Google Form Link: https://forms.gle/viCXVeZL6n79Mpie6

Your Participation is Highly Solicited

Department of Physical Education organised one day International Webinar on "YOGA IN NEW GENERATION" 20-07-2021

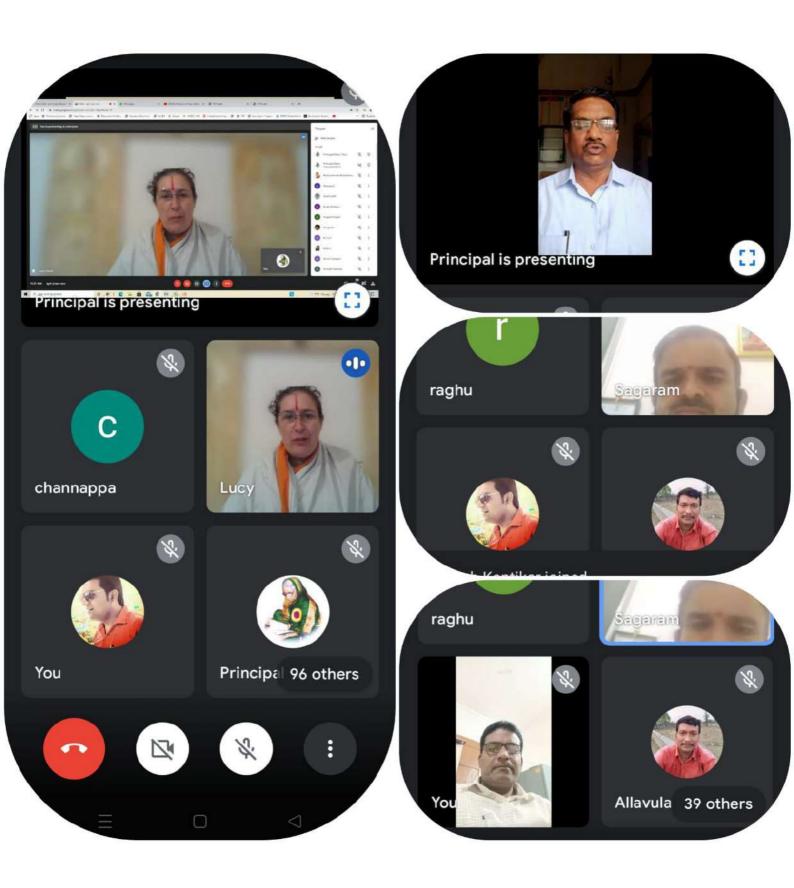














SGVC Vidya Prasarak Trust's MGVC ARTS, COMMERCE AND SCIENCE COLLEGE, MUDDEBIHAL





ONE DAY INTERNATIONAL WEBINAR ON "YOGA IN NEW GENERATION"

CERTIFICATE OF PARTICIPATION

Dr. CHANDRAKANT, B. BIRADAR

Yoga Coach, Department of Physical Education, Gulbarga University, Kalaburgi



has participated as a Resource Person in the International Webinar on "YOGA IN NEW GENERATION" Organised by department of Physical Education / NCC in association with Internal Quality Assurance Cell on 20-07-2021.

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Prof. H.G. Patil Organising Secretary

IQAC Coordinator

Dr. B.A. Guli Prof. S.V. Gurumath **NAAC Coordinator**

Prof. S.N. Poleshi Principal

Prof. A.B. Kulkarni Administrator

{{certificate id}}

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ONE DAY INTERNATIONAL WEBINAR ON YOGA IN NEW GENERATION

yoga plays a vital role in keeping the new generation healthy happy moral discipline creative visionary and other aspect of life yoga is very essential for coming generation yoga has been developed and promoted in different periods of the Inception time yoga oriented Fifteen thousand years back in Himalaya belt and then initially developed to whole South Asian region that is why our institution has decided to conduct an one day international level webinar on yoga in new generation

we conducted several well known yoga expert of international level and their management decided to invite Dr Divya Prabha Lucy madam as inaugurated of the Webinar and Yogi Devaraj Dr Mallikarjun Biradar as a resource person . It has been decided to conduct the webinar on 23 July 2021

professor A.B Kulkarni administrator SGVC Vidya Prasarak Trust Muddebihal has given keynote address he told about origin of yoga and its development in the world yoga increases working efficiency creativity flexibility and overall avidity to concentrate and focus yoga challenge inner peace relaxation and breathing in a very active Hue yoga will help in managing stress at city and better concentration and memory nowadays universities are incorporating yoga in their educational curriculum to improve academic performance to manage stress well discipline classroom behaviour concentration and emotional balance actually yoga deals good food habit and good sleep recreation understand others

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